

St Antony's Priory is a place of retreat in the heart of Durham city, with spectacular views of the Cathedral and Castle.

The privileged ministry of spiritual accompaniment is at the heart of our work, offered to people wherever they are on their faith journey. More and more people experience the help of such a relationship in their daily living.

St Antony's has been involved in the delivery of this course for 15 years and is committed to offering ongoing training and support for those who become active in this ministry.



*EXPLORING
SPIRITUAL
ACCOMPANIMENT
2018/19*



St Antony's Priory
Ecumenical Spirituality
Centre

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About The Course

This course offers training in skills and practice to accompany others on their faith journey. It provides an important opportunity for personal and spiritual development for the participants.

The course is recognised by the major denominations and is led by an ecumenical team. It introduces spiritual direction as a specific discipline within Christian pastoral care.

The course is experiential and practical and is rooted in the Ignatian tradition. The process includes input, personal reflection and working in a variety of groupings, individual mentoring and the compilation of a portfolio of resources.

Course Leaders

Rev Paul Tyler– St Antony’s Priory

Ruth Grant – St Antony’s Priory

Sr Sheila McNamara rscj – St Antony’s Priory



THE COURSE INCLUDES TOPICS SUCH AS:

- Theory and Practice of Spiritual Direction
- Contemplative Listening
- Images of God
- Ignatian discernment
- Myers-Briggs Personality Type Indicator
- Sexuality and Spirituality
- Good Practice and Supervision
- God in the dark times
- Tools for personal and spiritual development.



Dates and Times

18 Tuesdays from 10am – 4.15pm

Oct 9th , 23rd

Nov 6th , 20th

Dec 4th , 18th

Jan 8th 22nd

Feb 5th , 19th

March 5th , 19th

April 2nd

April 30th

May 14th, 28th

June 11th , 25th

Also a residential weekend at Minsteracres

Fri Oct 26th 5pm – Sun Oct 28th 2pm .

Non-residential weekend at St Antony’s Priory: Sat June 15th 10am – 7.30pm.

Sun June 16th 10am – 4pm.

