

St Antony's Priory is a place of retreat in the heart of Durham city, with spectacular views of the Cathedral and Castle.

The privileged ministry of spiritual accompaniment is at the heart of our work, offered to people wherever they are on their faith journey. More and more people experience the help of such a relationship in their daily living.

St Antony's has been involved in the delivery of this course for 15 years and is committed to offering ongoing training and support for those who become active in this ministry.



St Antony's Priory
Ecumenical Spirituality
Centre
74, Claypath
Durham
DH1 1QT

Phone: 0191 3843747
email: info@stantonypriory.co.uk



*EXPLORING
SPIRITUAL
ACCOMPANIMENT*

2017/18





About The Course

This course offers training in skills and practice to accompany others on their faith journey. It provides an important opportunity for personal and spiritual development for the participants.

The course is recognised by the major denominations and is led by an ecumenical team. It introduces spiritual direction as a specific discipline within Christian pastoral care.

The course is experiential and practical and is rooted in the Ignatian tradition. The process includes input, personal reflection and working in a variety of groupings, individual mentoring and the compilation of a portfolio of resources.

Course Leaders

Rev Paul Golightly – St Antony's Priory

Ruth Grant – St Antony's Priory

Sr Sheila McNamara rscj – Diocese of Hexham and Newcastle

Canon Paul Tyler – St Antony's Priory

THE COURSE INCLUDES TOPICS SUCH AS:

- Theory and Practice of Spiritual Direction
- Contemplative Listening
- Images of God
- Ignatian discernment
- Myers-Briggs Personality Type Indicator
- Sexuality and Spirituality
- Good Practice and Supervision
- God in the dark times
- Tools for personal and spiritual development.

Who is it for?

Applicants need to be able to demonstrate a deep commitment to their own faith journey and personal prayer life. Acceptance for the course is subject to interview and reference.

When:

18 Tuesdays from 10am – 4.15pm
Oct 3rd, 17th, 31st

**Residential weekend at Minsteracres 20-22nd October
5pm Fri – 2pm Sun.**

Nov 14th, 28th

Dec 12th

Jan 9th, 23rd

Feb 6th 20th

Mar 6th, 20th

Apr 10th, 24th

May 15th, 29th

June 12th 26th

**Non-residential weekend at St Antony's Priory. Sat June 2nd
10am – 7.30pm. Sun 3rd 10am – 4pm.**

Where:

St Antony's Priory
74, Claypath, Durham, DH1 1QT

Suggested donation: £750.
(This can be payable in 3 instalments if desired.)

For application form email:

info@stantonypriory.co.uk

or ring 0191 384 3747

